



*San Antonio Heat TC
AAU Track & Field
Annual Meet
June 19, 2010
San Antonio, TX*

DATE: June 19, 2010

LOCATION: Alamo Stadium
110 Tuleta Dr.
San Antonio, TX 78212

HOST: Dillard "D. D." Yates, 210-286-6401, dyates2@satx.rr.com

ENTRY DEADLINE: June 19, 2010

FEE: \$5 per event

AGE: 6- 18 (age as of 6/19/2010)

TIME: 8:00am – 5:00pm

ORDER OF EVENTS :

FIELD EVENTS – 8:00 a. m.

Shot Put – All Divisions
Discus – All Divisions
Long Jump – All Divisions
Triple Jump – All Divisions
High Jump – All Divisions

RUNNING EVENTS

8:30 a. m. – 3000 meter

10:00 a. m. – ALL OTHER EVENTS

4 X 100 Meter Relay

800 Meter Run 110 Meter Hurdles
100 Meter Hurdles
80 Meter Hurdles
100 Meter Dash

4 X 800 Meter Relay

400 Meter Dash
400 Meter Hurdles
200 Meter Hurdles
200 Meter Dash
1500 Meter Run

4 X 400 Meter Relay

Field Events*

*Competitors should bring their own implements to be used at Meet.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.