

AREA 14 AAU TRACK & FIELD DISTRICT CHAMPIONSHIP

DRAGON STADIUM
6212 Lakewood Creek Drive
Round Rock, Texas 78681

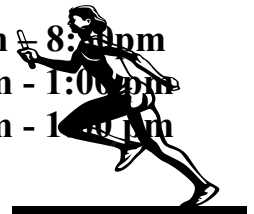
June 17-18, 2011

South Texas AAU Athletics Event Host

Janis Henderson Meet Director janisrh@flash.net
512-503-2893

CHECK - IN

June 16 th	Early Check-In @ Dragon Stadium	5:30pm - 8:30pm
June 17 th	Check-In @ Dragon Stadium	5:30 am - 1:00 pm
June 18 th	Check-In @ Dragon Stadium	5:30 am - 1:00 pm



ENTRY FEE: \$20.00

ELIGIBILITY: Being a registered member of the AAU is the only requirement to participate. Athletes competing in the Multi-Events and Steeplechase are exempt from competing at the District Qualifier.

AGE PROOF: Required when registering and whenever challenged. Must be an Original or Notarized copy of Birth Certificate, Driver's License, Military ID, or current Passport; ABSOLUTELY required at The National Junior Olympic Games.

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE. A SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.

Online Registration Required

Online entry MUST be done at www.coacho.com

Online registration will not be reopened after closing time. Therefore, you must make all final changes before closing time. NO ATHLETES WILL BE ALLOWED TO ENTER AFTER THE CLOSING TIME.

WARNING: Many coaches procrastinate and wait to register the last night. As a result, they end up running out of time and have experienced problems related to high volume. Running out of time and/or experiencing technical problems is no excuse for missing the registration deadline. Make life easier by registering before deadline.

PLEASE DOUBLE CHECK YOUR ENTRIES USING THE EMAIL CONFIRMATION THAT YOU RECEIVE.

LOOK FOR and FIX THE FOLLOWING COMMON MISTAKES:

- 1) Correct birth date (Entering an athlete with the incorrect birth date is unsportsman-like conduct and grounds for suspending the athlete and coach. Birth date and birth certificate must match.
- 2) Misspelled names
- 3) Incorrect athlete gender (list is divided by male and female for easy confirmation)
- 4) Missing relay teams or team members and alternates
- 5) Incorrect events (especially the selection of 100 hurdles by mistake)

AAU CARD: Cost is \$12.00 per card and must be purchased online at www.aausports.org before competing at any Sanctioned AAU Meet. Cards must be presented at the District Qualifier Meet .

RELAYS: Relays are run in the Primary, Bantam, Midget, Youth, Intermediate, and Young Women/Men age divisions only. Relay teams must have current 2011 Club Membership. All relay teams must wear tops and shorts of the same color.

AWARDS: Top 3 finishers in each event will receive a medal. It is the responsibility of the competitor, coach, or parent to pick up awards before leaving meet. No medals will be mailed.

RESULTS: Results will be posted online at www.aauathletics.org

FOOD & DRINK: There will be concessions available. Medium size ice chest may be brought in with fruit, water & sports drinks. No glass containers will be allowed. Ice chests will be inspected by police officers at the gate. Fast food meals will not be allowed in the stadium.

STADIUM: Parents and Coaches are not allowed on the track or infield. Only Officials with Credentials will be allowed on the track.

MEDICAL: Certified Trainers will be available for injuries and first aid only. No taping of athletes by trainers.



AGE DIVISIONS:

2003 & After	PG	Primary Girls	PB	Primary Boys
2002	SBG	Sub-Bantam Girls	SBB	Sub-Bantam Boys
2001	BG	Bantam Girls	BB	Bantam Boys
2000	SMG	Sub-Midget Girls	SMB	Sub-Midget Boys
1999	MG	Midget Girls	MG	Midget Boys
1998	SYG	Sub-Youth Girls	SYB	Sub-Youth Boys
1997	YG	Youth Girls	YB	Youth Boys
1995/1996	IG	Intermediate Girls	IB	Intermediate Boys
1993/1994	YW	Young Women	YM	Young Men

******* SOUTH TEXAS AAU TEAM CHAMPIONSHIP GUIDELINES *******

In an attempt to enhance the competitive spirit and to boost enthusiasm, this year meet management has approved a team championship to be added to the South Texas District AAU track and field qualifier. All registered clubs will be assigned to Division I (large clubs) or Division II (small clubs). A point system will apply in all final events. There will be a cash donation awarded to the 1st and 2nd place team in each division. Detailed guidelines will be available at check-in.

ROLLING SCHEDULE – Track & Field Start time is 7:00 am. Events will be run one after the other. Athletes are responsible for their events and should be present awaiting for the start of their event. You must pay attention and listen for all PA announcements.



ROLLING SCHEDULE

ALL RUNNING EVENTS ARE TIMED FINALS

FRIDAY, JUNE 17th 7:00AM

3000 Meter Run (SMG, MG, SMB, MB)
4 x 100 Meter Relay (PG, PB, BG, BB, MG, MB)
80 Meter Hurdles (8-30") (SMG, SMB, MG, MB)
800 Meter Run (PG, PB, SBG, SBB, SMG, SMB, MG, MB)
100 Meter Dash (PG, PB, SBG, SBB, SMG, SMB, MG, MB)
400 Meter Dash (PG, PB, SBG, SBB, SMG, SMB, MG, MB)
4 x 800 Meter Relay (MG, MB)
200 Meter Dash (PG, PB, SBG, SBB, SMG, SMB, MG, MB)
1500 Meter Run (SBG, SBB, SMG, SMB, MG, MB)
4 x 400 Meter Relay (BG, BB, MG, MB)
1500 Meter Racewalk (SBG, SBB, SMG, SMB, MG, MB)

SATURDAY, JUNE 18th 7:00AM

3000 Meter Run (SYG, SYB, YG, YB, IG, IB, YW, YM)
4 x 100 Meter Relay (YG, YB, IG, IB, YW, YM)
110 Meter Hurdles (10-39") (IG, YM)
100 Meter Hurdles (10-36") (SYB, YB, IG, IB, YW, YM)
100 Meter Hurdles (10-30") (SYG, YG)
800 Meter Run (SYG, SYB, YG, YB, IG, IB, YW, YM)
100 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)
400 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)
4 x 800 Meter Relay (YG, YB, IG, IB, YW, YM)
400 Meter Hurdles (10-36") (IB, YM)
400 Meter Hurdles (10-30") (IG-YW)
200 Meter Hurdles (8-30") (SYG, SYB, YG, YB)
200 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)
1500 Meter Run (SYG, SYB, YG, YB, IG, IB, YW, YM)
4 x 400 Meter Relay (YG, YB, IG, IB, YW, YM)
3000 Meter Racewalk (SYG, SYB, YG, YB, IG, IB, YW, YM)



FIELD EVENTS

FRIDAY JUNE 17th

SHOT PUT	RING 1	8:00	SYG	RING 2	8:00	SYB			
		9:30	IG YW		9:30	IB YM			
		11:00	YG		11:00	YB			
		1:30	YW		1:30	YM			
HIGH JUMP	PAD 1	8:00	YW	PAD 2	8:00	YM			
		9:30	YG		9:30	YB			
DISCUS	RING 1	8:00	YG	RING 2	8:00	YB			
		9:30	YG		9:30	YB			
		11:00	IG		11:00	IB			
		1:30	SYG		1:30	SYB			
LONG JUMP	PIT 1	8:00	SYG	PIT 2	8:00	SYB			
		9:30	IG		9:30	IB			
		11:00	YG		11:00	YB			
		12:30	YW		12:30	YM			
TRIPLE JUMP	PIT 1	2:00	SYG	PIT 2	2:00	SYB			
			IG			IB			

“Sports For All, Forever”



FIELD EVENTS

SATURDAY JUNE 18th

HIGH JUMP	PAD 1	8:00	BG	PAD 2	8:00	BB		
		9:30	SBG		9:30	SBB		
		11:00	MG		11:00	MB		
		1:30	SMG		1:30	SMB		
LONG JUMP	PIT 1	8:00	MG	PIT 2	8:00	MB		
		9:30	SMG		9:30	SMB		
		11:00	PG		11:00	PB		
		1:30	SBG		1:30	SBB		
		3:00	BG		3:00	BB		

“Sports For All, Forever”